DISPLAY AND CROWN / BUTTON OPERATION

Minute hand

Hour hand

Stopwatch minute hand
(Move in minute increments)

Second hand

Stopwatch second hand
(Move in second increments)

Stopwatch 1/10 second hand
(Move in 1/10 second increments)

Button "A"
In stopwatch function
Start / Stop

First position
Time setting
Crown at normal position

Button "B"
In stopwatch function
Split / Split release / Reset
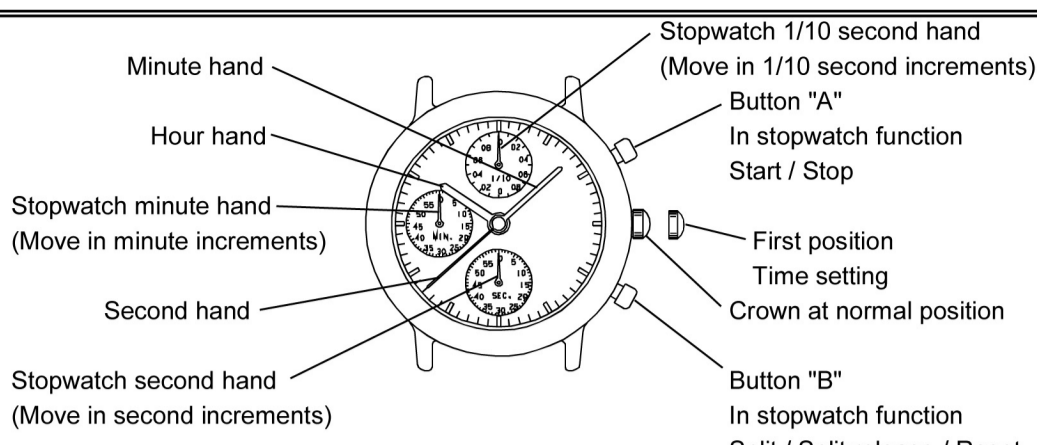
*The measurement time indicated by the stopwatch hands that move independently of center hands.
*Stopwatch 1/10 second hand moves for a first minute.
After one minute, it indicates the measurement time when it is stopped.
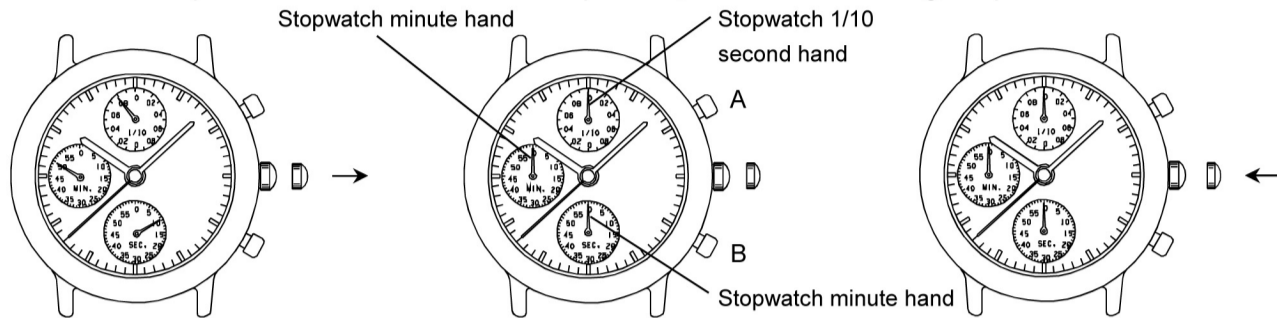
ADJUSTING THE STOPWATCH HAND POSITION

Before setting the time, check if the stopwatch 1/10 second, second and minute hands are in the "0"
(12 o'clock) position.
*If the stopwatch is in use, press the button in the following order to reset it, and then, check if the hands
return to "0" position. (For details, see "HOW TO USE THE STOPWATCH")

* If the stopwatch is counting :   A → B
* If the stopwatch is stopped   :   B
* If the split time is displayed :   B → A → B

If either of the stopwatch hands are not in the "0" position, reset them following the procedure below.

Stopwatch minute hand

Stopwatch 1/10
second hand

A

B

Stopwatch minute hand

1.Pull out the crown.

2.Press button A or B to reset the
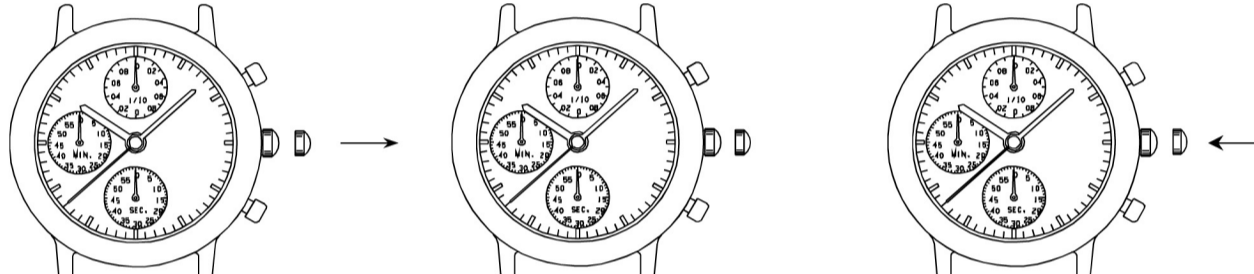 stopwatch 1/10 second, second
  and minute hands to "0" position.
  *By pressing button A set the
  stopwatch 1/10 second hand.
  *By pressing button B set the
  stopwatch second and minute
  hands.

3.Push the crown back to
  the normal position.

*The stopwatch minute hand moves correspondingly with the stopwatch second hand.
*The hands move quickly if the respective buttons are kept pressed.

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TIME SETTING

1.Pull out the crown to
  the second hand is at
  the 12 o'clock position.
  The second hand will
  stop on the spot.

2.Turn the crown to set the
  hour, minute hands to the
  desired time.

* Do not press any button.
  Otherwise, the chronograph
  hands will move.

3.Push the crown back in to
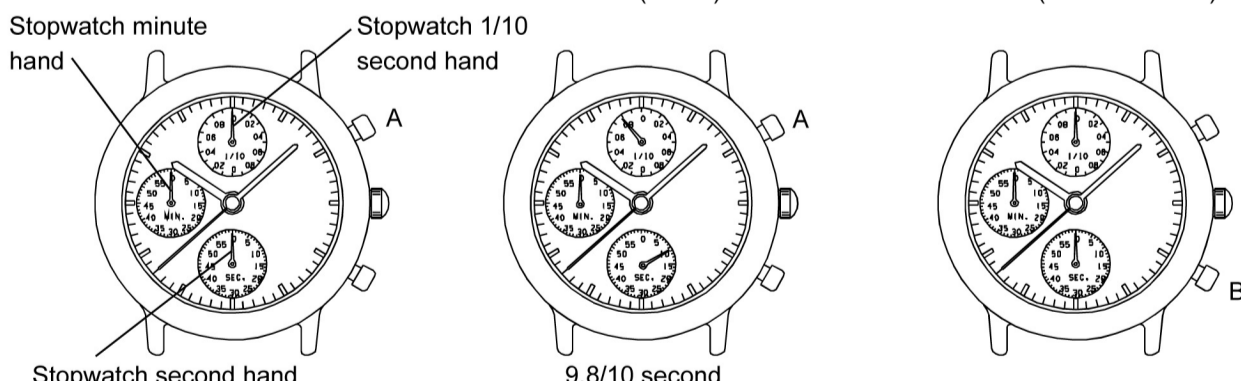 the normal position in accordance
  with a time signal.

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HOW TO USE THE STOPWATCH

・The measurement time is indicated by the stopwatch hands that move independently of the
center hands.
・The stopwatch can measure up to 60 minutes in 1/10 seconds.

(Standard measurement)
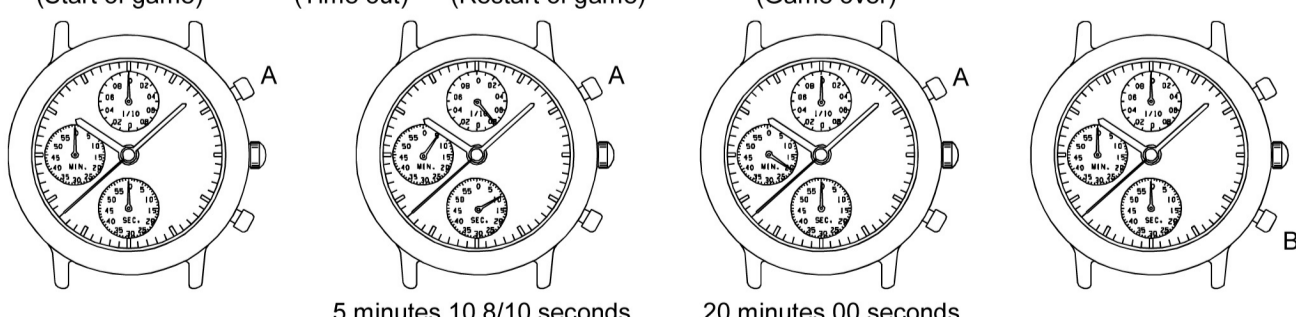Ex) 100m race (Press the buttons in the following order   A → A → B)

START   STOP (Finish)   RESET (Reset to "0'00")

Stopwatch minute
hand

Stopwatch 1/10
second hand

A

A

B

Stopwatch second hand

9.8/10 second

(Accumulated elapsed time measurement)
Ex) Basketball game (Press the buttons in the following order   A → A / A → A → B)

START   STOP   RESTART   STOP   RESET
(Start of game)   (Time out)   /   (Restart of game)   (Game over)   →

A

A

B

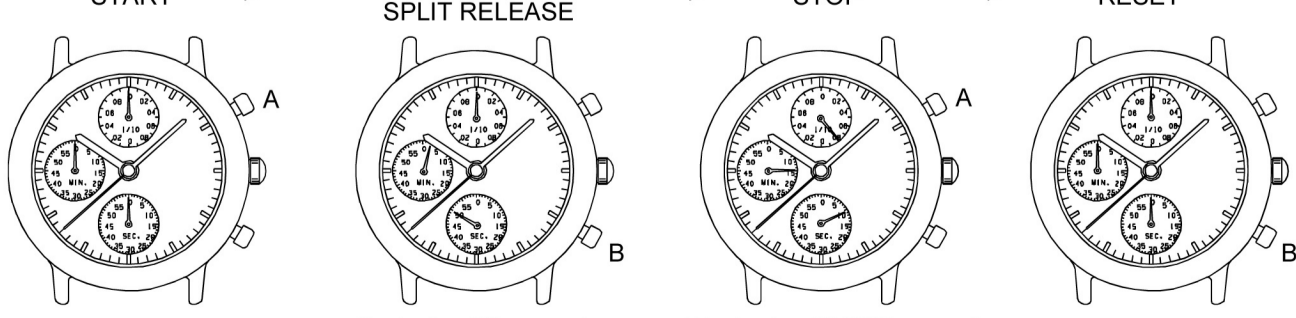5 minutes 10,8/10 seconds   20 minutes 00 seconds

*Restart and stop of the stopwatch can be repeated as many times as necessary by pressing button A.

(Split time measurement)
Ex.) 5,000m race (Press the buttons in the following order   A → B / B → A → B)

START   →   SPLIT/   →   STOP   →   RESET
                          SPLIT RELEASE

A

A

A

B

B

2 minutes 50 seconds   15 minutes 10,8/10 seconds

*Measurement and release of the split time can be repeated as many times as necessary by pressing
button B.

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